

LOVE IS THE ANSWER

by Laurie A. Monroe

What are we becoming? How are we being with our fellow travelers in this physical reality? It's clear that we are at a crossroads and the choices we make are vital to the future generations on this planet. How can we contribute individually and through group participation as humanity evolves?

I recently attended "Awakening a Global Vision: Collective Wisdom and Spiritual Activism," a conference sponsored by the Institute of Noetic Sciences (IONS) and the Association for Global New Thought. This stimulating conference expanded on the theme of humanity's movement toward a culture of wisdom and compassion, cooperation and collaboration, personal practice and accountability—a culture that will bring our inner world into alignment with our outer world. James O'Dea, the president of IONS, shared his insights on the significance of the gathering and invited us to explore what we can see "in the mirror of our time." His profound message guided us to a realization of what it means to awaken to a much deeper level of awareness.

James said: "We know that our task is to speak our truths at a new level of vibrancy and clarity. And our questions must also reflect what it means to activate the depths of consciousness and spiritual awareness. What is real? What is sustainable? What is a global vision that incorporates a science of healing and expanded human capacities? We have come together in the belief that a new planetary civilization, sourced by our diverse and collective wisdom, is possible and to assume a new level of responsibility for its birth." Participants left with a knowing that together we can make a difference in the future of humanity and planet Earth. It is our choice to take a stand for a future that is just, sustainable, and compassionate. The decision to do so rests with each individual.

I also had the honor of speaking at the Prophets Journey Conference in Sedona, Arizona. The conference advocated a "vision supportive of a paradigm of spiritual creation and consciousness, and a world that manifests the highest of spiritual and human values." Many wonderful presenters eloquently inspired us to "rethink and reshape our collective future." The theme, "Creating Solutions," developed through the weekend as we explored our own evolution through awakening to the spirit that resides within. Participants immersed themselves in a wealth of knowledge for making a creative difference in everyday life.

We are all standing at a Gateway to a higher level of knowing. If we are open to receive from higher levels of consciousness, the solutions we are seeking will present themselves. My father said, "Focused states of consciousness contain the solutions to human existence."

Perhaps this is the key. If consciousness has field-like properties and exists as a unified, omnipresent field, then it contains all information: past, present, and future. Focusing on different areas of the field brings that information into the present and allows us to become cocreators. Exploring higher levels of consciousness always raises the vibration Here. It is a good idea to periodically ask yourself, what is going on in my life right now and what must I do to amp up the vibration?

On our travels along the path of transformation, we begin to understand that the journey to limitless possibilities starts and ends with each of us. Making a difference through our daily choices and actions depends on committing to take personal responsibility for our future. Our actions must arise from our deepest spiritual source in order to be fully and authentically expressed. Self-understanding paves the way to creating a world that works for everyone.

My personal high point at the Prophets Journey Conference was a conversation with Baba Ram Dass. I told him about contacting my father soon after his death in March 1995. That first encounter was warm and comforting; Daddy was just as I remembered him from my childhood. We continued to “see” each other over the years. At our last meeting about three months ago, Daddy had changed. Our connection was as close as ever, but he had expanded beyond the human personality I’d known. Ram Dass wasn’t surprised. He explained that the bond with our loved ones is eternal and the love connection transcends time and space.

Love is a power and an energy rather than an emotion. Love is an energy of harmony, balance, wholeness, and oneness. It overflows with creative power. Love is our very essence—the most supportive and healing energy in the universe. Love pervades consciousness itself. It is the connection between everyone and everything around us in this physical reality and in endless other realities. Open your heart: love will guide you through the gateway of limitless possibilities to the many directions our future can take on planet Earth.

[For more information on IONS, the Association for Global New Thought, and the Prophets Conference, go to their Web sites at www.noetic.org, www.agnt.org, and www.greatmystery.org]

Hemi-Sync® is a registered trademark of Interstate Industries, Inc.
© 2003 by The Monroe Institute